

Activity #1: Self-Concept and Self-Control Reflection

Reflect on Experiences

Self-Concept

- The way one thinks about oneself
- Increasing awareness of one's feelings, thoughts, abilities, likes, dislikes
- Awareness of one's body in space



Self-Control

- Ability to function independently and make choices in the classroom community
- Ability to follow classroom rules and routines
- Ability to have personal responsibilities



Social Competence

- Ability to form relationships with adults and other children
- Ability to have empathy, or sensitivity of others' feelings
- Ability to care for others
- Ability to take on another's perspective
- Understanding that others have different experiences and feelings
- Develop special friendships with particular peers
- Increased feelings of comfort, pleasure, and confidence in their social world



Social Awareness

- Gaining knowledge and understanding about the standards of social development
- Learning how to operate socially with others
- Ability to operate in peer groups
- Increased ability to operate in adult-child relationships

